

# Fen Rivers Academy School News

**The Fen  
Rivers  
Academy**

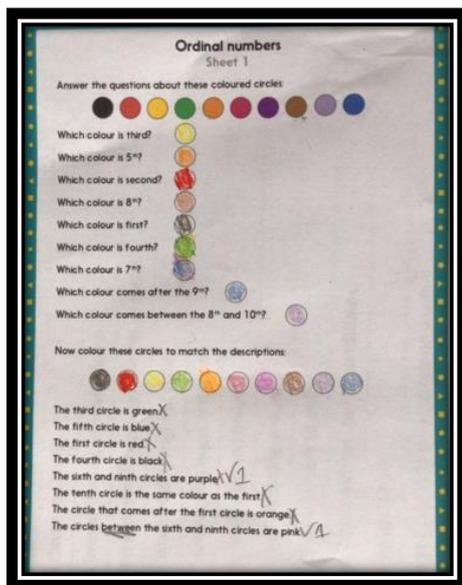
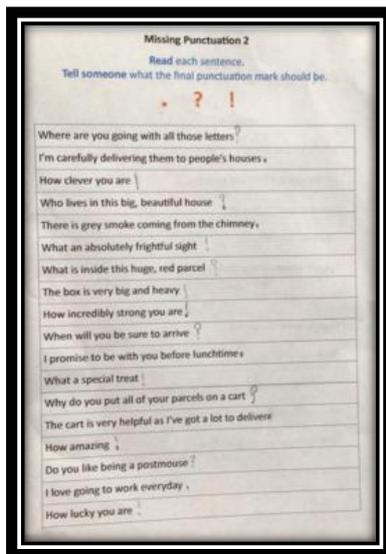
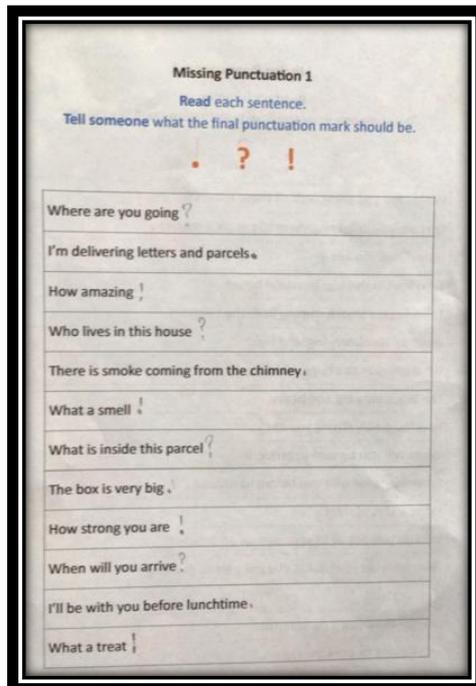
Part of The Catch22  
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Welcome back to school everyone! Even though we are still in lockdown, schools have opened back up. We welcomed all our students back at Fen Rivers. We are doing everything we can to keep us all safe. Hopefully the end is in sight and we can get back to normal very soon.

This week Hedgehogs have done some work on punctuation. They have looked at the sentences and decided the best punctuation for the end.

They concentrated on full stop, question mark and exclamation mark!



Ordinal numbers tell us a position or rank. For example, first, second and third. Cardinal numbers tell us a quantity. For example, 1, 2 or 3.

Hedgehogs focused on this last week. They were able to solve problems using the knowledge that they learnt.

What was the first thing you did this morning? What was the fifth thing you ate?

What did you do last?

Don't forget the census is getting close. On the 21<sup>st</sup> March 2021. Did you know that your response is required by law? Maybe you can help the adult in your house to fill it in?

The students researched questions this week. It is really interesting to see how the country has changed over time. For example, looking at how we travel to work, if your house has central heating, how many people live in your house.



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Take a look at this event that Mrs Rainbow has shared. Why don't you book your place?

**SEND Family Roadshow**  
Wednesday 17th March 2021  
10.30am-1.00pm

**Spotlight on transition**  
(Early Years and Preparing for Adult Life)

Book your place now through Eventbrite

Hear from a range of services and a young person.

Find out more about:

- The Norfolk Portage Service
- The Family Information Service
- Transition resources for parents
- City College transition work
- TITAN independent travel training
- Technology supporting independent living

Give your views in an interactive session on the subject of home to school transport.

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Jacket Potatoes with Baked Beans	Jacket Potatoes with Tuna Mayo/sauce	Jacket Potatoes with Cheese and Coliflower	Jacket Potatoes with Cheese and Baked Beans	Jacket Potatoes with Cheese	
Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	
Apple Crumble with Custard	Fresh Fruit Salad	Banana Bread	Shirley Doughnuts	Banana Bread with a Raisin Wedge	
Week One: 12 Apr / 13 May / 24 May / 31 Jun / 13 Jul / 13 Sept / 14 Oct					

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Jacket Potatoes with Baked Beans	Jacket Potatoes with Tuna Mayo/sauce	Jacket Potatoes with Cheese and Coliflower	Jacket Potatoes with Cheese and Baked Beans	Jacket Potatoes with Cheese	
Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	
Crab Bar with Orange Wedges	Lemon Capicola	Tofu Cream Sandwich	Fresh Fruit Salad	Fruit Jelly	
Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct					

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Jacket Potatoes with Cheese and Baked Beans	Jacket Potatoes with Tuna Mayo/sauce	Jacket Potatoes with Cheese and Coliflower	Jacket Potatoes with Cheese and Baked Beans	Jacket Potatoes with Cheese	
Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	Salad or Vegetables of the Day	
Fresh Fruit Salad	Ice Cream Tub	Popcorn with Apple Wedges	Cocoa Krispie Bar	Cherry Bakewell Capicola	
Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct					

The school menu from Norse has changed to its Spring menu. These are available in school when students make their lunch choices.

There is a choice of hot lunch, packed lunch or jacket potato with toppings (please see the menus on our website).

Packed Lunch Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll	
Carrot Batons	Peppercorn	Coconut Sticks	Carrot Batons	Coconut Sticks	
Orange Wedges	Coconut Sticks	Fresh Fruit Portions	Banana Bread	Fresh Fruit Portions	
Flagjack	Fresh Yoghurt	Banana Bread	Shirley Doughnuts	Banana Bread	
Week One: 12 Apr / 13 May / 24 May / 31 Jun / 13 Jul / 13 Sept / 14 Oct					

Packed Lunch Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll	
Carrot Batons	Peppercorn	Coconut Sticks	Carrot Batons	Coconut Sticks	
Orange Wedges	Fresh Fruit Portions	Fresh Fruit Portions	Shirley Doughnuts	Fresh Fruit Portions	
Crab Bar	Lemon Capicola	Banana Bread	Fruit Yoghurt	Fruit Jelly	
Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct					

Packed Lunch Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll	
Fresh Fruit Portions	Fresh Fruit Portions	Apple Wedges	Shirley Doughnuts	Fresh Fruit Portions	
Fruit Yoghurt	Ice Cream Tub	Flagjack	Cocoa Krispie Bar	Cherry Bakewell Capicola	
Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct					

Red nose day will soon be upon us and a great opportunity to raise some money for Comic Relief. Red Nose day is back on Friday 19<sup>th</sup> March and it has never felt more important to raise some money and have some fun to support people living through incredibly tough times. We need the power of fun to turn laughs into lasting change. Join us and do what you can.

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1 Roast Beef with Baked Beans	Option 1 Mangrove Pesto with Pine Wedges	Option 1 Roast Chicken with Garlic	Option 1 Roast Beef with Potato and Carrots	Option 1 Breaded Fish Fingers or Turkey Legs	
Option 2 Vegetarian Bolognese with Pasta	Option 2 Vegetarian Curry	Option 2 Vegetarian Curry	Option 2 Tandoori and Cottage Potatoes with Baby New Potatoes	Option 2 Vegetable Curry	
Served with Garden Peas and Cauliflower	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	
And for pudding Apple Crumble with Custard	And for pudding Fresh Fruit Salad	And for pudding Banana Bread	And for pudding Shirley Doughnuts	And for pudding Breaded Fish Fingers	
Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school. Week One: 12 Apr / 13 May / 24 May / 31 Jun / 13 Jul / 13 Sept / 14 Oct					

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1 Mangrove Pesto with Pine Wedges	Option 1 Chicken Curry with Sweetcorn and Pine Wedges	Option 1 Roast Chicken with Garlic	Option 1 Roast Beef with Potato and Carrots	Option 1 Breaded Fish Fingers	
Option 2 Vegetarian Curry	Option 2 Vegetarian Curry	Option 2 Vegetarian Curry	Option 2 Tandoori and Cottage Potatoes with Baby New Potatoes	Option 2 Vegetable Curry	
Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	
And for pudding Apple Crumble with Custard	And for pudding Fresh Fruit Salad	And for pudding Banana Bread	And for pudding Shirley Doughnuts	And for pudding Breaded Fish Fingers	
Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school. Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct					

Jacket Potato Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1 Breaded Chicken in a Wrap with BBQ Sauce and Potato Wedges	Option 1 Roast Beef with Potato and Carrots	Option 1 Roast Chicken with Garlic	Option 1 Mangrove Pesto with Pine Wedges	Option 1 Breaded Fish Fingers	
Option 2 Vegetarian Bolognese with Pasta	Option 2 Vegetarian Curry	Option 2 Vegetarian Curry	Option 2 Tandoori and Cottage Potatoes with Baby New Potatoes	Option 2 Vegetable Curry	
Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	Served with Baked Beans	
And for pudding Apple Crumble with Custard	And for pudding Fresh Fruit Salad	And for pudding Banana Bread	And for pudding Shirley Doughnuts	And for pudding Breaded Fish Fingers	
Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school. Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct					

This is what one pupil has said:

"On Friday 19th March it is Red Nose Day. We are asking if everyone would wear something red if they would like to. A dolphin's pupil has been campaigning to get all staff to dye their hair red for the day. There is a small donation of £1 which will go to The Comic Relief charity. There has been a cake sale organised as well as wrestling."



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