

**The Fen Rivers Academy 2023 / 2024– Evidencing the Impact of the PE Premium Funding**

Vision – All pupils leaving primary school to be physically literate and with the knowledge, skills and motivations necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. (afPE)

<b>Key achievements to date: 2017 - 2023</b>	<b>Areas for further improvement and baseline evidence of need in 2023-24:</b>
<ul style="list-style-type: none"> <li>• PE Enrichment increased using local coaches / Sports Centre</li> <li>• Contracted with outside agencies i.e. Sports Coach to engage in activities</li> <li>• Traditional games chalked out on rear playground to introduce them to children (these will be followed with new markings in next financial year)</li> <li>• Sensory Circuits introduced for identified children</li> <li>• Development of the Sensory room and additional training of staff to carry out sensory circuits and use the sensory spaces identified</li> <li>• New secondary sensory room added 2023</li> <li>• Purchase and introduction of basketball net and football goals on the playground for use in PE lessons and during unstructured / social times</li> <li>• Whole school games of football / basketball</li> <li>• Whole school dance and Zumba in the hall during lockdown – continued in 2021/22</li> <li>• Increased use of Forest School outdoor area for activities linked to Motional and Development of Social and Emotional Wellbeing and Mental Health through increased activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Embed school ‘teams’ and friendly competitions between classes / other local schools / Special Schools Sports Partnership</li> <li>• Introduce school activity times during breakfast sessions and build on attendance at these</li> <li>• Increase staff PE and healthy activity knowledge through continuous training</li> <li>• Continue to maintain 30 minutes of activity daily as a minimum – considering use of the Daily Mile higher up the school in addition to what is already in place</li> <li>• ‘Bikeability’ Cycling Proficiency Course for UKS2 children to ensure they use the road safely on their bicycles and have an awareness of the highway code.</li> <li>• Continue The Duke of Edinburgh’s Award Scheme for pupils in Year 9 upwards</li> <li>• Explore the Primary Duke Of Edinburgh’s Scheme to establish if it can be introduced for Primary students</li> <li>• Continue swimming, sailing, geo caching and OAA at Kingswood and introduce a residential OAA for KS4 students.</li> <li>• Continue to be an active school and focus on increased activity for health, wellbeing and regulation.</li> <li>• Development of the bespoke Forest School Curriculum for Years 1-6 (Primary students) and the Outdoor Active Learning Curriculum for KS3</li> </ul>

### Key achievements to date: 2022 - 2023

- Increased resources for use during social times to increase range and frequency of activity and use pupil voice to inform provision – Smooga for football; basketball hoops and courts on playgrounds; climbing frames and outdoor gym
- Introduced Rebound Therapy sessions weekly for each class – two more coaches trained to increase frequency of offer across school
- Increased formal PE offer to students.
- Continued Sensory circuits and activities linked to targets from Motional linked to physical and emotional wellbeing and mental health, particularly in light of pandemic and trauma experienced
- Won the Kings Lynn Education Awards ‘Most Active School’ Award 2022
- Introduced swimming (whole school) and sailing (KS3) 2021/22 – continued as additional offer in 2022/23
- Involved all staff in ensuring all classes have at least 30 minutes of daily activity
- Introduced The Daily Mile
- Playground markings in Primary to increase activity for those who don’t enjoy football – basketball and use of field for non-football activity
- Trained PE Lead as Forest Schools Instructor
- Embedded Geo caching
- Ran a day trip to Kingswood OAA Centre for KS3 students
- All students experienced success in the swimming pool and became more water confident.
- A new trim trail has been put in in KS1 playground

and 4 students.

- Continue to develop the therapeutic PE offer through rebound therapy, biophilia (wellbeing in nature and the outdoor curriculum) and increased access to physical activity for regulation and positive physical and mental health and fitness.
- Two additional Rebound Therapy Coaches trained to Level 3 to develop offer further
- Increase and further develop enrichment of the whole curriculum though subject specific physical activity, outdoor learning and work on healthy life styles linked to cultural capital.

Meeting national curriculum requirements for swimming and water safety	<b>Summer 2023 Impact Update:</b>
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year? <b>All pupils had the opportunity to swim at St James Pool this academic year. This will continue into the Autumn Term of 2023/24 for the next academic year to ensure progress is maintained.</b>	88%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	88%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<b>Yes - £1000 towards the cost of swimming to ensure all swim this year.</b>

2022/23 % of pupils who can...	Year 2	Year 3	Year 4	Year 5	Year 6
<b>swim at least 25m confidently</b>	0%	0%	40%	60%	88%
<b>use a range of strokes effectively</b>	0%	0%	50%	80%	100%
<b>perform safe self-rescue in different water-based situations</b>	0%	0%	0%	75%	88%

**This is a working document which is reviewed on a termly basis and updated annually to reflect progress.**

**Amanda Fewkes  
17/08/23**

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2023/24		Total fund allocated: £16,230		Date Updated: 17.08.23	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation:
					%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
<ul style="list-style-type: none"> <li>To increase the allocated PE / physical activity time for all pupils in school to 30 mins a day</li> <li>Purchase additional lunchtime active lunchtime kit / resources</li> </ul>	<ul style="list-style-type: none"> <li>Timetable additional rebound therapy for all individuals / groups / classes according to need established as well as core rebound therapy for all classes</li> <li>Train up additional two PE staff as rebound therapists to extend therapeutic sport offer</li> <li>Daily active social time and lunch time sports provision extended – sports bags, basketball, outdoor gym (Secondary), Smooga (Primary), climbing frames</li> </ul>	<p>£0</p> <p>£600</p> <p>£200</p>	<p>*Increased regulation and ability to self and co-regulate</p>	<p>*Sustainable as in house provision. Trampoline already purchased and owned by school; succession planning in place as PE lead trained and additional staff to be trained to extend offer.</p>	

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>To increase the knowledge and enjoyment of the pupils within their PE lessons</li> <li>Fixtures established with local mainstream schools and more geographically dispersed Norfolk Special Schools</li> <li>A House System established which enables in-school fixtures between groups and healthy competition and friendly fixtures on site. (football, cricket, basketball, athletics etc)</li> </ul> <p><i>(See PE Sports Premium Funding Map and Off-Site Educational Visits documents which underpin provision costings)</i></p>	<ul style="list-style-type: none"> <li>Show examples of good achievements by pupils at every opportunity e.g. demonstrations to peers leading warm ups for the group</li> <li>Increase the knowledge of the pupils' subject language specific to their current activity</li> <li>Have Sports for Schools athlete come in to run fund raiser raising the profile of sports and encouraging the pupils to aspire to achieve their best <a href="https://www.sportsforschools.org/">https://www.sportsforschools.org/</a></li> <li>Get children offsite to participate in active sports enrichment - swimming, sailing, OAA - Kingswood</li> <li>Fixtures to be arranged</li> <li>Duke of Edinburgh's Award established for Years 9-11</li> <li>Explore and introduce the Primary Duke of Edinburgh's Award as appropriate.</li> <li>Juniors Sports Leaders Awards form part of the curriculum for Year 10 – put into place ready for</li> </ul>	<ul style="list-style-type: none"> <li>£0</li> <li>£0</li> <li>£200</li> <li>£8,000</li> <li>£200</li> <li>£800</li> <li>£100</li> </ul>	<ul style="list-style-type: none"> <li>*PE Lead working with all staff teaching PE to ensure subject specific vocabulary is increased and accurately used.</li> <li>*Impact on outcomes for children linked to increased activity and pupil wellbeing.</li> <li>*Children meet an Olympian or Paralympian and their own aspirations are raised having heard their stories.</li> <li>*Increased physical activity for wellbeing and skills for life.</li> <li>*Positive impact on the ability to regulate and co-regulate having engaged with whole body physical activity (BSPs articulate individual need for whole body movement and proprioception to support regulation and well-being)</li> </ul>	<ul style="list-style-type: none"> <li>*Ongoing development area.</li> <li>*Continue PE / Sports / active lunchtimes – in unstructured times</li> <li>*The PE Curriculum development plan clearly outlines action taken towards increasing physical activity and widening participation across Primary and Secondary cohorts of children. <i>(See PE and Sport School Improvement Plan – separate document)</i></li> </ul>

	<p>September 2024 and first Year 10 cohort</p> <ul style="list-style-type: none"> <li>Investigate trampolining and gymnastic awards children can achieve and add to PE curriculum to widen participation.</li> </ul>	<ul style="list-style-type: none"> <li>£100</li> </ul>		
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Improved quality of children's physical education throughout the school</li> </ul>	<ul style="list-style-type: none"> <li>Focus on supporting fellow teachers in growing their confidence to deliver PE via PE specialist (JCL, JTN, EBN, EWB)</li> <li>PE subject leader to identify any member of staff that needs further support and identify training needed (in-house or external courses) Meeting times during CPD afternoons</li> <li>Increased specialist PE offer linked to SEMH needs and whole-body activity to support regulation and increase wellbeing and mental health.</li> <li>Development of sensory room / facilities in secondary building to increase access for all pupils</li> <li>All new teachers to receive Shallow Water training if out of date or not completed in Summer Term 2022</li> </ul>	<ul style="list-style-type: none"> <li>£200</li> <li>£600</li> </ul> <p>Costed above (£600)</p> <p>£16,000</p>	<ul style="list-style-type: none"> <li>*Staff positive and engaged.</li> <li>*Lunchtime unstructured times used to increase pupil activity, children are keen to join in and play games together, facilitated by sports coaches / all staff</li> <li>*Children engaging well with soft play and Sensory circuits - this to continue to be developed and extended this year.</li> </ul>	<ul style="list-style-type: none"> <li>*Planning Days / sessions for PE Lead to meet with non-specialist staff teaching PE to plan for their classes and monitor and share best practice.</li> <li>*Link with local school sports teachers to increase competition and widen horizons.</li> <li>*All new teachers to receive Shallow Water training if out of date or not completed in Summer Term 2022</li> <li>*1/2 termly meetings with non-specialist staff teaching PE, support for planning.</li> </ul>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>To offer a wider range of sporting activities for all pupils to access</li> <li>Introduce Forest Schools following completion of Level 3 training of Forest Schools Lead.</li> </ul>	<ul style="list-style-type: none"> <li>Ask the pupils what sports interest them via a survey</li> <li>Increase the involvement of outside agencies running the clubs e.g. Sport Provider</li> <li>Using funding to increase off site PE offer to include – Duke of Edinburgh’s Award (Years 9-11), Bike Ability (Years 5/6)</li> <li>Train additional staff to support the Forest Schools / Outdoor Learning Curriculum for wellbeing to expand offer – under direction of trained Forest School lead (Summer Term 2023)</li> <li>Additional Mini bus contracted to reduce cost of coaches and increase offsite offer for active fixtures, enrichment, travel to participate in JSLA etc (Autumn 2022)</li> </ul>	<ul style="list-style-type: none"> <li>N/A</li> <li>£300</li> <li>Costed above</li> <li>£1000</li> <li>£4000</li> </ul>	<ul style="list-style-type: none"> <li>*Impact on outcomes for children linked to increased activity and pupil wellbeing.</li> <li>* Positive impact on the ability to regulate and co-regulate having engaged with whole body physical activity (BSPs articulate individual need for whole body movement and proprioception to support regulation and well-being)</li> </ul>	<ul style="list-style-type: none"> <li>*Survey the children regarding clubs they would like and additional content for the lunchtime PE bags.</li> <li>*KS3 Sailing Taster continues</li> <li>*Kingswood Activity Centre Day trip (Years 7 and 8) and Duke of Edinburgh’s Residential (Year 9)</li> <li>*Increased use of school site and locality for orienteering and geocaching activities / gardening etc</li> <li>*Work on Healthy Lunchboxes / meals to take place with visitors from the Health Service linking in to work being done in PE and Games and Science.</li> <li>*Increase sporting activities as rewards linked to positive behaviour and attendance schemes. Eg) ten pin bowling; trampolining; swimming; leisure vouchers etc.</li> <li>*Continue staff vs pupils sporting challenges instigated by the children’s sporting interests. (basketball, dodgeball, cricket, football)</li> <li>*Bikeability for Years 5 and 6</li> </ul>



				children linked to road safety.
<b>Key indicator 5: Increased participation in competitive sport</b>				Percentage of total allocation:
				%
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
<ul style="list-style-type: none"> <li>Allow pupils to experience competitive sport through their games lessons and offer competitions across local schools' sport partnership or NASSH schools</li> <li>Increase access to a wider range of external sports clubs and providers and signpost children to such in the locality in which they live.</li> </ul>	<ul style="list-style-type: none"> <li>Take part in inter class competitions and then interschool competitions</li> <li>Networking opportunities with other local schools to arrange 'friendly matches' as children's confidence grows</li> </ul>	£1000 Cost of minibus maintenance, fuel and insurance to ensure no cost to pupils (costed above) £500	<ul style="list-style-type: none"> <li>*Children are able to engage in a wider range of sporting activities in school and within their locality, discovering their strengths and building wellbeing and self-esteem.</li> <li>*Children develop a sense of belonging and pride in their sporting achievements.</li> <li>*Kings Lynn Education Awards 2022 – Most Active School Winner.</li> </ul>	<ul style="list-style-type: none"> <li>*Develop inter class and inter school friendly competitions as children become emotionally ready to win and lose.</li> <li>*Broaden range and variety of competitions by increasing links with cluster schools, local high schools and for competitions, matches, friendlies etc</li> <li>*Fitness taster sessions to be run in school</li> </ul>

**Additional Next steps actions:** Continue to increase communication and celebration of sporting successes via Dojo, text, newsletter and use of website, particularly linked to the improving school environment and provision for PE and Games; certificates, trophies, Active Lifestyle Awards etc.

**\*Additional spend over cost of PE and Sports Premium allocated from Programme Costs as part of ongoing PE and Sport Provision, including Forest Schools (focus on increased activity in the outdoors and mental health and wellbeing following the pandemic.**

*Reviewed 17/08/23 Amanda Fewkes*

<b>Total Spend on PE and Sport, Forest Schools and Healthy Active Life styles offer</b>	<b>£32,800</b>
<b>PE and Sport Premium Allocation</b>	<b>£16,250</b>
<b>Allocation from School Programme Costs</b>	<b>£16,530</b>