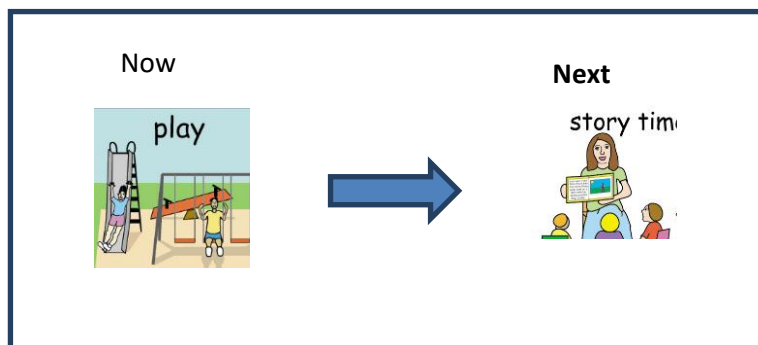


Now and Next Board

Using pictures can help your child to understand what is happening in their day and help them to prepare for any changes, for example fun toys needing to go away or having to go somewhere new. The Now/Next board shows your child what is happening and what is about to happen to help them prepare for the change.

Using the Now/Next board: Prepare your child for changes in their routine and prepare you child for activities ending. Use visuals to show your child what is happening now and what will be happening next:

“Now it is play time, but next it is story time”.



As the game/toy is coming to an end, warn your child that it is ending by showing them the Now/Next board and talking them through it:

“play time is nearly finished, then it will be story time”

When the activity ends, show your child that the ‘Now’ activity has finished by taking it off and replacing it with the ‘Next’ activity:

“Play time has finished. Now it is Story time”.

