



Course programme 2023

About Us

Training & Development

The Bridge Training & Development is a major provider of professional development in the UK in the field of education, both special and mainstream, holding a reputation particularly in the fields of Learning Difficulties and Disabilities (LDD). An 'outstanding' National Teaching School, we have been delivering courses (including the AET Schools Programme) and designing bespoke programmes since 1997.

Bespoke training

We offer half-day, one day or two day INSETs at your school or in partnership with schools in your area. Workshop days are especially stimulating, with trainers delivering a variety of one or two hour rotating workshops on key areas of your choice. Whether delegate numbers are 5 or 500 we can create the programme to suit all your needs.

1. Simply pick a course for us to create or adapt
2. Send us an email or call us up
3. We'll take it from there.

The Bridge Training & Development
251 Hungerford Rd
London N7 9LD

Tel: 020 7619 1000
training@thebridgetrust.academy

Our face to face courses run at
The Goodinge Community Centre,
2 Goodinge Rd, London N7 9GZ

Booking Procedures

Course costs

One Day Courses	£195 per delegate
2hr online twilights	£75 per delegate

Booking Requirements

To secure a place on one of our courses, we require the following information at the point of booking:

Delegate name
Delegate job title
Delegate email address
Invoicing email address
Purchase Order number (if available)

Bookings: Terms and Conditions

All bookings to be made in writing via email to
training@thebridgetrust.academy

Fees for non attendance are non-refundable

Cancellations made one month prior to the course do not incur a charge. Cancellations made between 2 - 4 weeks before the course incur a 25% cancellation charge. Cancellations made between 1 - 2 weeks before the course incur 50% cancellation charge. Cancellations made within one week of the course incur 100% of the event/training charge.

All cancellations must be made in writing.

Replacement delegates may be nominated in writing at any time prior to the start of the event.

training@thebridgetrust.academy

Savings

Voucher Scheme

Substantial savings are available through our voucher scheme for schools wishing to send multiple colleagues on one-day Bridge courses each academic year.

Gold 20 vouchers at £2000
(equivalent of £100.00 per place)

Silver 10 vouchers at £1250
(equivalent of £125.00 per place)

Bronze 5 vouchers at £750
(equivalent of £150.00 per place)

Voucher Scheme: Terms and Conditions

Vouchers can be used on one-day Bridge courses (not including Team Teach) by different members of staff from the same school (or nominated schools within an Academy Trust) between September 2022 and July 2023, or for one year from purchase date.

The full voucher price must be paid in full at the commencement of the agreement.

Vouchers remain valid only for one year from date of purchase.

Cancellations made one month prior to the course will not forfeit a voucher. Cancellations made less than a month prior to the course will forfeit a voucher place.

Fees for non attendance are non-refundable

All cancellations must be made in writing.

Replacement delegates may be nominated in writing at any time prior to the start of the event.

Spring

One day courses, 9.30am – 3.30pm

AET Good Autism Practice

7 February 2023

Audience: Mainstream & Special

Team Teach

Positive Behaviour Management Level One

7 March 2023

Audience: Primary Mainstream

Teaching Relationships & Sex Education (RSE) in the special needs class

9 March 2023

Audience: Special

Teaching Literacy & Communication in the special needs class

21 March 2023

Audience: Special

Supporting and managing behaviour

23 March 2023

Audience: Mainstream & Special

All of our courses and twilights can be made bespoke to your specific school setting, and delivered at times appropriate to your inset training / CPD schedule.

Summer

AET Good Autism Practice

11 May 2023

Audience: Mainstream & Special

Supporting pupils with Social, Emotional and Mental Health (SEMH)

16 May 2023

Audience: Mainstream & Special

Team Teach

Positive Behaviour Management Level One

8 June 2023

Audience: Primary Mainstream

Teaching Relationships & Sex Education (RSE) in the special needs class

13 June 2023

Audience: Special

Autism & Play

15 June 2023

Audience: Mainstream & Special

Attention Deficit Hyperactivity Disorder (ADHD)

20 June 2023

Audience: Mainstream & Special

Supporting and managing behaviour

22 June 2023

Audience: Mainstream & Special

Online twilights

2hrs, 3.45pm – 5.45pm

Spring term

AET Making Sense of Autism

6 March 2023

AET Anxiety module

27 March 2023

Summer term

Introduction to SEMH

24 April 2023

AET Making Sense of Autism

15 May 2023

Autism & Play

22 May 2023

Introduction to Sensory Processing

12 June 2023

AET Anxiety module

26 June 2023

We recommend staff attend either AET Making Sense of Autism or AET Good Autism Practice to gain a basic understanding of autism, prior to attending online twilights.

These twilights are suitable for mainstream and specialist settings.



Good Autism Practice

7 February 2023



Team Teach

Positive Behaviour Management Training: Level One

7 March 2023

Audience: mainstream and special

This module is for practitioners who work with autistic pupils (5–16) and will support them to:

- Develop their knowledge and understanding of good autism practice.
- Reflect on and improve their everyday practice
- Understand strategies and approaches they can draw upon for autistic pupils they work with.
- Enhance and embed inclusive practice for autistic pupils.

Learning objectives

- Develop knowledge of how the key areas of difference can impact on the learning of autistic pupils.
- Understand the importance of involving the pupil and family in the pupil's education.
- Consider the approaches, strategies, and adaptations that can be implemented to remove barriers to participation and learning for autistic pupils.
- Reflect on how knowledge about autism and the individual autistic pupil can inform the one-page profile and the pupil-centred education plan.

Audience: mainstream primary

This 6hr course provides individuals with practical, interactive training, designed to transform participants' practice in the workplace, allowing those working in low-risk settings to understand and implement holistic behaviour management strategies

The course will also cover documentation and legal guidance, as well as best practice when reporting and reviewing incidents. Certification for this course is valid for 36 months.

This course is organised into 8 modules:

Module 1 - Background to Team Teach

Module 2 - The Legal Framework

Module 3 - Understanding Aggression

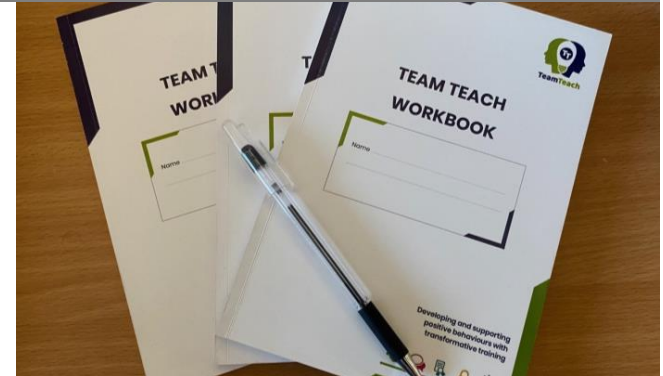
Module 4 - How Feelings Drive Behaviours

Module 5 - De-escalation and De-fusion

Module 6 - Personal Safety

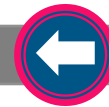
Module 7 - Positive Handling – mainly guiding and escorting safely

Module 8 - Repair, Reflection and Review



Participants will learn how to;

- Increase understanding and awareness of behaviour as communication and develop a framework to better respond to reduce risk
- Develop a greater team dynamic in supporting individuals who are distressed with approaches that have impact and strengthen relationships
- Utilise a toolkit of holistic strategies on de-escalation and crisis intervention, both verbal and non-verbal for supporting with disruptive and distressed behaviours
- Execute simple and safe positive handling techniques including personal safety, appropriate for a low-risk environment (If required by your setting). Our techniques are situated within a respectful, supportive approach to behaviour support strategies which maintains positive relationships.



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Teaching Relationships & Sex Education (RSE)

in the special needs class
9 March 2023

Audience: **special**

This course tackles head-on the issues around sexuality and learning difficulties and seeks to give practical advice on both what you should be teaching and how you should be teaching it.

- Background to current thinking on RSE
- Some Philosophical Questions to Answer. A discussion around what we want an RSE Curriculum to provide from the perspective of (i) pupils (ii) staff and (iii) parents
- The importance of shared sexual knowledge
- The difficulties of teaching RSE to those with severe/profound learning difficulties and/or autism
- Taking a differentiated approach to learning
- What do we have to teach? Ofsted, DfE and the law
- The central role of adults in the capacities of teachers, counsellors, protectors, interveners and empowerers
- Devising a core RSE curriculum

"Informative, structured and well presented. Excellent pace and understanding of the topic with useful resources and case studies"



Teaching Literacy & Communication in the SEN class

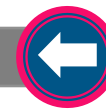
With a focus on drama & storytelling
21 March 2023

Audience: **special**

There is no doubt that the Creative Arts is a vital element of the 21st Century Special Needs Curriculum and essential components of this are both drama and poetry. A key part of the English curriculum, both areas can be used not only to extend pupils' experience and understanding of language but also as a consolidator of emotional literacy.

- What are the problems in communication for those with SLD?
- Creating opportunities for communication.
- Using low tech communication aids – especially looking at signing and symbols.
- Storytelling and drama within the SLD English Curriculum – a detailed exploration
- Drama and poetry's relationship to play
- Teaching empathy and the understanding of emotions through drama and poetry
- Appropriate works to cover all ages from nursery to post 19
- Adapting the classics
- Using call and response as a central means to engagement

"Highly-inspiring and engaging training, ...including tips and advice that are easy to embed in teaching drama practice!"



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Supporting & Managing Behaviour

23 March 2023

Audience: [mainstream and special](#)

Looking at simple and practical solutions to resolve challenging behaviours in pupils with autism and learning difficulties.

- Fundamental principles relating to positive responses to challenging behaviour
- Knowing the autistic child
- Working with the autism
- Sensory issues
- Writing a Strength/Needs chart
- Writing a Behaviour Support Programme
- Case studies of real children, young people and adults
- Lots of opportunity to discuss solutions to problems course participants might have in their own workplace or home.

"I found the session incredibly helpful. It was delivered sensitively and thoughtfully, with lots of information including practical applications"



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Good Autism Practice

11 May 2023

Understanding & Supporting children with Social, Emotional & Mental Health difficulties (SEMH)

16 May 2023

Audience: **mainstream and special**

This module is for practitioners who work with autistic pupils (5–16) and will support them to:

- Develop their knowledge and understanding of good autism practice.
- Reflect on and improve their everyday practice
- Understand strategies and approaches they can draw upon for autistic pupils they work with.
- Enhance and embed inclusive practice for autistic pupils.

Learning objectives

- Develop knowledge of how the key areas of difference can impact on the learning of autistic pupils.
- Understand the importance of involving the pupil and family in the pupil's education.
- Consider the approaches, strategies, and adaptations that can be implemented to remove barriers to participation and learning for autistic pupils.
- Reflect on how knowledge about autism and the individual autistic pupil can inform the one-page profile and the pupil-centred education plan.

Audience: **mainstream and special**

This course will develop knowledge and understanding of Social, Emotional and Mental Health (SEMH) difficulties as an area of Special Educational Need (SEN) for pupils – looking at factors that may negatively impact upon SEMH, including a specific focus on attachment and trauma.

We will examine current understanding from developmental psychology as to what may cause SEMH needs and theories that inform how we support these needs. We will then look at how, in our everyday practice, we can promote social and emotional well-being in pupils through the development of self-awareness, emotional literacy and effective coping strategies.

- Understanding SEMH
- Attachment and developmental trauma
- The importance of social and emotional well-being in school for staff and pupils
- Supporting pupils with SEMH needs including positive behaviour support strategies

"The facilitator was excellent...in explanations, examples and discussions. I felt engaged and comfortable at all times."



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Team Teach Positive Behaviour Management Training: Level One 8 June 2023

Teaching Relationships & Sex Education (RSE)

in the special needs class
13 June 2023

Audience: **mainstream primary**

This 6hr course provides individuals with practical, interactive training, designed to transform participants' practice in the workplace, allowing those working in low-risk settings to understand and implement holistic behaviour management strategies

The course will also cover documentation and legal guidance, as well as best practice when reporting and reviewing incidents. Certification for this course is valid for 36 months.

This course is organised into 8 modules:

Module 1 - Background to Team Teach

Module 2 - The Legal Framework

Module 3 - Understanding Aggression

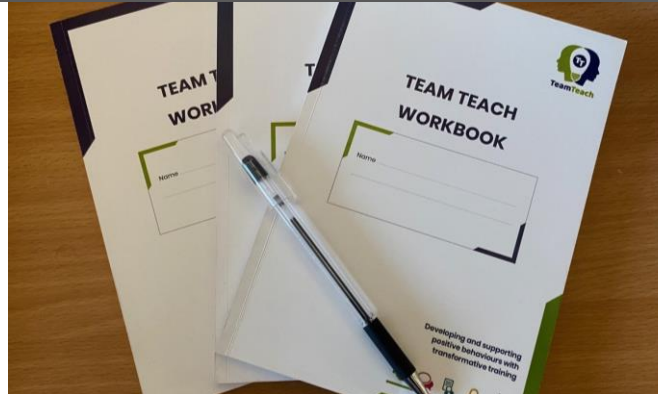
Module 4 - How Feelings Drive Behaviours

Module 5 - De-escalation and De-fusion

Module 6 - Personal Safety

Module 7 - Positive Handling – mainly guiding and escorting safely

Module 8 - Repair, Reflection and Review



Participants will learn how to;

- Increase understanding and awareness of behaviour as communication and develop a framework to better respond to reduce risk
- Develop a greater team dynamic in supporting individuals who are distressed with approaches that have impact and strengthen relationships
- Utilise a toolkit of holistic strategies on de-escalation and crisis intervention, both verbal and non-verbal for supporting with disruptive and distressed behaviours
- Execute simple and safe positive handling techniques including personal safety, appropriate for a low-risk environment (If required by your setting). Our techniques are situated within a respectful, supportive approach to behaviour support strategies which maintains positive relationships.

Audience: **special**

This course tackles head-on the issues around sexuality and learning difficulties and seeks to give practical advice on both what you should be teaching and how you should be teaching it.

- Background to current thinking on RSE
- Some Philosophical Questions to Answer. A discussion around what we want an RSE Curriculum to provide from the perspective of (i) pupils (ii) staff and (iii) parents
- The importance of shared sexual knowledge
- The difficulties of teaching RSE to those with severe/profound learning difficulties and/or autism
- Taking a differentiated approach to learning
- What do we have to teach? Ofsted, DfE and the law
- The central role of adults in the capacities of teachers, counsellors, protectors, interveners and empowerers
- Devising a core RSE curriculum

“The combination of info, case studies and practical resources including curriculum has just been so helpful.”



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Autism & Play

15 June 2023

Attention Deficit Hyperactivity Disorder (ADHD)

20 June 2023

Supporting & Managing Behaviour

22 June 2023

Audience: mainstream and special

Interacting and playing with peers can not only be great fun, but is one of the best ways for children to further develop a wide range of skills, including emotional regulation. Some autistic pupils and their non-autistic peers can find interacting and playing more difficult. This course seeks to explain why this might be the case and explore possible strategies and approaches to supporting all children's play.

- You will develop a deeper understanding of autism, with a focus on differences in social understanding.
- You will explore the function of play and how it develops.
- You will have a greater understanding of the role that the environment we create and control facilitates or creates barriers, to play and friendship.
- You will explore strategies and approaches to help the development of play and friendship for all.

Audience: mainstream and special

Some suggest that ADHD may affect approximately 5% of the school population, yet it is a much misunderstood condition that often attracts negative and unhelpful responses. This course seeks to address the balance and offer real and lasting solutions that will benefit pupils, staff and families

- What is ADHD?
- How it may present itself in the class
- The likely learning and behavioural consequences of having ADHD
- The medication issue
- The effects on other children in the class and in the home
- Taking a positive slant
- Practical strategies for dealing with ADHD
- Case studies and potential solutions



Audience: mainstream and special

Looking at simple and practical solutions to resolve challenging behaviours in pupils with autism and learning difficulties.

- Fundamental principles relating to positive responses to challenging behaviour
- Knowing the autistic child
- Working with the autism
- Sensory issues
- Writing a Strength/Needs chart
- Writing a Behaviour Support Programme
- Case studies of real children, young people and adults
- Lots of opportunity to discuss solutions to problems course participants might have in their own workplace or home.

"Practical and easy to implement strategies to bring back to my school."



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Online twilights (2hrs)

3.45pm – 5.45pm via Zoom



Making Sense of Autism

Spring term

Summer term

6 March 2023 or 15 May 2023

This is an awareness-raising module for all staff in a school community, whether they be teachers, learning support assistants, school meals supervisors, or taxi drivers. The module provides an introduction to autism and the reasonable adjustments that need to be considered when working with autistic pupils.

After completing this module, participants will be able to:

- Understand the importance of getting to know the pupil as an individual.
- Approach autism as a difference rather than as a disorder or impairment.
- Understand the importance of identifying the strengths and needs of autistic pupils.
- Know how three areas of difference can affect autistic pupils.
- Appreciate how important it is to listen to and learn from the perspectives of autistic pupils.
- Reflect on and implement reasonable adjustments to support autistic pupils you work with.
- Have knowledge and understanding of the importance of one-page profiles and how to collect information for the one-page profile.



Anxiety module

Spring term

Summer term

27 March or 26 June 2023

We will look at how autistic CYP might express anxiety, what can cause this anxiety, and what we can do to prevent and reduce the anxiety in an autistic individual.

After completing this module, participants will be able to:

- Have greater knowledge about how prevalent and impactful anxiety can be on autistic CYP
- Learn that anxiety can be transactional and we all have a role in reducing anxiety in school
- Understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support
- Understand that by reducing anxiety we can significantly improve a CYP's ability to engage with school life and their peers, as well as improve general well-being.

Twilights will be delivered online via Zoom.

We recommend staff attend either AET Making Sense of Autism or AET Good Autism Practice to gain a basic understanding of autism, prior to attending other online twilights. These twilights are suitable for mainstream and specialist settings.

Autism & Play

22 May 2023

Summer term

Interacting and playing with peers can not only be great fun, but is one of the best ways for children to further develop a wide range of skills, including emotional regulation. Some autistic pupils and their non-autistic peers can find interacting and playing more difficult. This course seeks to explain why this might be the case and explore possible strategies and approaches to supporting all children's play.

Introduction to Social, Emotional & Mental Health (SEMH)

24 April 2023

Summer term

An introduction to Social, Emotional and Mental Health (SEMH) as a type of SEN. We will consider SEMH needs that may be identified in all children, including those with SEND and will briefly explore current interventions and support aimed at supporting children and young people's social, emotional mental health.

Introduction to Sensory Processing

12 June 2023

Summer term

An introduction to sensory processing and the role it plays in cognition and learning as well as social and emotional development. We will explore sensory processing differences for those with SEND and current interventions and support aimed at supporting these sensory differences.



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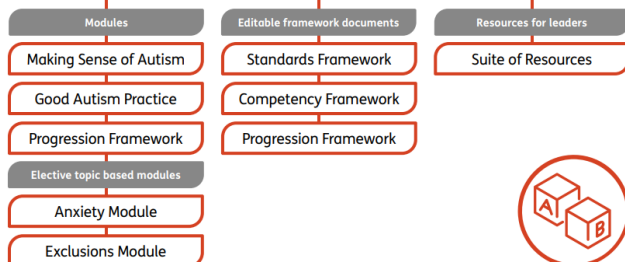


**Autism
Education
Trust**

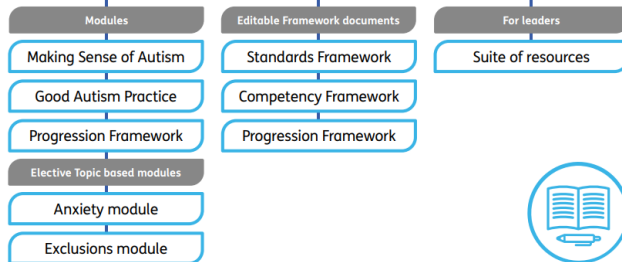
The Autism Education Trust (AET) programmes upskill leaders and staff in mainstream and specialist education settings and enables them to better support autistic children and young people.

This evidence-based professional development programme is developed by leading autism education specialists including researchers, autistic people, parents of autistic pupils, trainers and practitioners. The training modules are complemented with an interconnected system of frameworks to give you full support. The AET Programme is supported by DfE and has reached over 360,000 individuals to date nationwide. AET modules are scheduled throughout the year at The Bridge London. All modules can also be delivered in your setting.

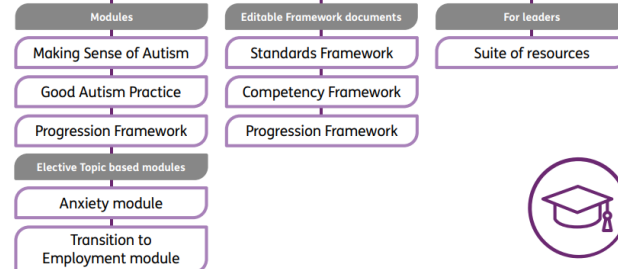
Early Years



Schools



Post 16



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