

Online twilights (2hrs)

3.45pm – 5.45pm via Zoom



Making Sense of Autism

Spring term Summer term

6 March 2023 or 8 May 2023

This is an awareness-raising module for all staff in a school community, whether they be teachers, learning support assistants, school meals supervisors, or taxi drivers. The module provides an introduction to autism and the reasonable adjustments that need to be considered when working with autistic pupils.

After completing this module, participants will be able to:

- Understand the importance of getting to know the pupil as an individual.
- Approach autism as a difference rather than as a disorder or impairment.
- Understand the importance of identifying the strengths and needs of autistic pupils.
- Know how three areas of difference can affect autistic pupils.
- Appreciate how important it is to listen to and learn from the perspectives of autistic pupils.
- Reflect on and implement reasonable adjustments to support autistic pupils you work with.
- Have knowledge and understanding of the importance of one-page profiles and how to collect information for the one-page profile.



Anxiety module

Spring term Summer term

27 March or 26 June 2023

We will look at how autistic CYP might express anxiety, what can cause this anxiety, and what we can do to prevent and reduce the anxiety in an autistic individual.

After completing this module, participants will be able to:

- Have greater knowledge about how prevalent and impactful anxiety can be on autistic CYP
- Learn that anxiety can be transactional and we all have a role in reducing anxiety in school
- Understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support
- Understand that by reducing anxiety we can significantly improve a CYP's ability to engage with school life and their peers, as well as improve general well-being.

Twilights will be delivered online via Zoom.

We recommend staff attend either AET Making Sense of Autism or AET Good Autism Practice to gain a basic understanding of autism, prior to attending other online twilights. These twilights are suitable for mainstream and specialist settings.

Autism & Play

22 May 2023

Summer term

Interacting and playing with peers can not only be great fun, but is one of the best ways for children to further develop a wide range of skills, including emotional regulation. Some autistic pupils and their non-autistic peers can find interacting and playing more difficult. This course seeks to explain why this might be the case and explore possible strategies and approaches to supporting all children's play.

Introduction to Social, Emotional & Mental Health (SEMH)

24 April 2023

Summer term

An introduction to Social, Emotional and Mental Health (SEMH) as a type of SEN. We will consider SEMH needs that may be identified in all children, including those with SEND and will briefly explore current interventions and support aimed at supporting children and young people's social, emotional mental health.

Introduction to Sensory Processing

12 June 2023

Summer term

An introduction to sensory processing and the role it plays in cognition and learning as well as social and emotional development. We will explore sensory processing differences for those with SEND and current interventions and support aimed at supporting these sensory differences.